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# LAOWAI

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*Active Currents*

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Shanghai Gymnastics – The Jing'An Sculpture Park  
15th Shanghai International Film Festival – Food For Your Skin  
NuoMi Fashion – Traditional Chinese Medicine

What is  
Delicious!?  
何为东之生?



# Natural Ingredients - Food for Your Skin

Nature gives us ingredients that nourish our bodies and sustain our health, and it also gives us everything necessary to keep our skin healthy, young and glowing. Many natural ingredients are simple answers to some of the most difficult-to-solve skin problems, like acne, blemishes, spots, dullness, dryness, etc.